



Causal questions and principled answers: a guide through the landscape for practising statisticians

Els Goetghebeur
Ghent University, Belgium
Els.Goetghebeur@UGent.be

for Bianca De Stavola, Saskia Le Cessie, Erica Moodie and
Ingeborg Waernbaum

ISCB Vienna, August 26, 2014

Outline

- 1 Our complete plan - the bigger map
- 2 Different causal inference approaches
 - Structural (mean) methods with outcome regression and IPW, Instrumental variables, Matching, Mediation analysis, Principal Strata,...
- 3 Different causal effects targeted:
 - what is potentially changed (direct, indirect,... effects)
 - in what (sub) population
- 4 Different assumptions made on the data structure
- 5 Where and when do they overlap and fundamentally differ
- 6 What is (most) useful/relevant when
- 7 Discussion

The TG7 broader plan

- I: Target causal effect parameters of different approaches:
 - their interpretation and practical use/relevance
 - the assumptions involved
 - their overlap and distinction
- II: on estimation under the standard assumptions
 - how it is done (incl. software hints)
 - practical properties of the estimators
 - tricks and treats
- III: What it still means when untestable assumptions fail +
 - Clues on failed assumptions
 - Robustness, sensitivity, and the bias-variance trade off
- IV: Missing data
- V: Some guidelines

Links with other topic groups!

descriptives, prediction, missing data...

The TG7 plan - our approach

- work from **simple** to complex
- from **binary trt.** to continuous and static or dynamic treatment regimes over time
- from **binary over continuous**, right censored survival to generally repeated **outcomes** over time
- from **(semi)-parametric** to more flexible prediction **models**
- from (repeated) **'cross-sectional'** to longitudinal data set-up, prospective to retrospective designs, ...
- population **constant effects** and exposures interacting; conditional and average effects
- acknowledging increasing levels of (unmeasured) confounding
- handling missing data

Pointers to **tutorials** and **software** implementation

Worked out **case studies**, **simulation** studies

From **paper(s)** to **website** with links: getting more people involved

Different approaches & own targeted causal effects on Y

- **Exposures:**

Assigned treatment A ← policy, scientists, caregiver

Manifested treatment M ← patient, patient management

(Think Statin versus Non-statin use)

- **Interventions:**

Single (a) intervention – $>$ total effect

Double intervention (a, m) – $>$ direct and indirect effects

- **Effect measures:**

Marginal versus Baseline (L) stratified mean effect

- **Target population:** Post treatment stratified?

ITT, AT, PP, PS, TAT, extrapolation, other ...

Causal effect of possible exposure on potential outcome

Causal: **action/decision** set in 2(+) directions $a = 1$ or $a = 0$.

Learn about the **expected consequences** of our choice/decision.

Causal inference: **evidence** to support this decision, from data.

Possible action in **calligraphics** like $a = 1$ for set action level to 1.

Consequences: **potential outcomes:** $Y(a = 1)$ or $Y(1)$, defined \forall .

One **potential outcome** $Y(a)$ seen (Y) in subset

$$\{Y|A = 1\} = \{Y(1)|A = 1\}$$

- $E(Y|A = a) = E(Y(a)|A = a)$

Causal effect of possible exposure on potential outcome

Causal: **action/decision** set in 2(+) directions $a = 1$ or $a = 0$.

Learn about the **expected consequences** of our choice/decision.

Causal inference: **evidence** to support this decision, from data.

Possible action in **calligraphics** like $a = 1$ for set action level to 1.

Consequences: **potential outcomes:** $Y(a = 1)$ or $Y(1)$, defined \forall .

One **potential outcome** $Y(a)$ seen (Y) in subset

$$\{Y|A = 1\} = \{Y(1)|A = 1\}$$

- $E(Y|A = a) = E(Y(a)|A = a)$ and
- for baseline characteristics ℓ :
 $E(Y|A = a, L = \ell) = E(Y(a)|A = a, L = \ell)$

Causal effect of possible exposure on potential outcome

Causal: **action/decision** set in 2(+) directions $\alpha = 1$ or $\alpha = 0$.

Learn about the **expected consequences** of our choice/decision.

Causal inference: **evidence** to support this decision, from data.

Possible action in **calligraphics** like $\alpha = 1$ for set action level to 1.

Consequences: **potential outcomes:** $Y(\alpha = 1)$ or $Y(1)$, defined \forall .

One **potential outcome** $Y(\alpha)$ seen (Y) in subset

$$\{Y|A = 1\} = \{Y(1)|A = 1\}$$

- $E(Y|A = a) = E(Y(a)|A = a)$ and

- for baseline characteristics ℓ :

$$E(Y|A = a, L = \ell) = E(Y(a)|A = a, L = \ell)$$

$$= E(Y(a)|L = \ell) \text{ if } Y(\alpha) \perp\!\!\!\perp A|L \quad \forall \alpha.$$

'No unmeasured confounding'

Two **'Universal' Assumptions:**

UA1 No interference between subjects a subject's potential outcome is not influenced by the treatment received by others

UA2 The intervention is well-defined so that observed and potential outcomes coincide when their action levels are identical

And two *Adjustment Assumptions:*

AA1 No unmeasured confounding The conditional probability of receiving the treatment depends only on measured covariates, and not on any unmeasured covariate.

AA2 Positivity The conditional probability of receiving the treatment is neither zero nor one

Outcome regression

$$Y(a) \perp\!\!\!\perp A|L \quad \forall a \Rightarrow$$

$$\{Y|L, A = a\} = \{Y(a)|L, A = a\} \stackrel{d}{=} \{Y(a)|L\}$$

Hence simply regress Y on L in several A -defined strata to infer the population distribution of $Y(a)$ conditional on L .

regress Y on L in Statin users	→ $f_1(y \ell)$
------------------------------------	-----------------

regress Y on L in Non-statin users	→ $f_0(y \ell)$
--	-----------------

Outcome regression

$$Y(a) \perp\!\!\!\perp A|L \quad \forall a \Rightarrow$$

$$\{Y|L, A = a\} = \{Y(a)|L, A = a\} \stackrel{d}{=} \{Y(a)|L\}$$

Hence simply regress Y on L in several A -defined strata to infer the population distribution of $Y(a)$ conditional on L .

regress Y on L in Statin users $\rightarrow f_1(y|\ell)$

regress Y on L in Non-statin users $\rightarrow f_0(y|\ell)$

Challenges:

- With 'high' dimension of ℓ : confidence in a correct model
- L -distribution for (non)treated does not overlap (\pm)
e.g. in the young and fit you may find no statin users
- $E(Y|L, A = 1) - E(Y|L, A = 0) =$
 $E(Y(1)|L) - E(Y(0)|L) = \psi(L)$ i.e. may differ over L

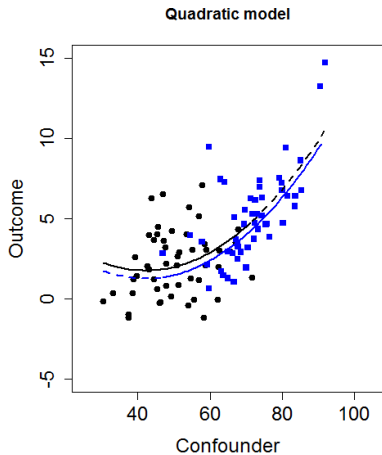
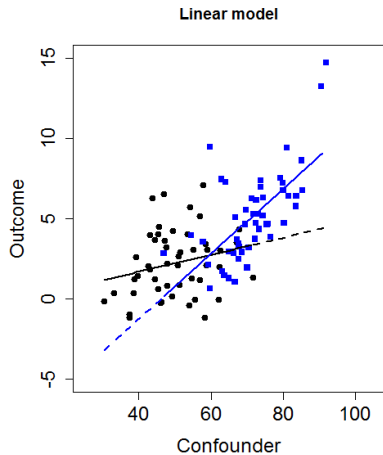
Challenges:

- With 'high' dimension of ℓ : confidence in a **correct model**
 - > a number of **propensity score $\pi_a(L)$** based solutions: regress, stratify, match, inverse weighting, DR
 - all involve a regression model for observed action **$\pi_a(L)$** , regressing **A on L** .
- **L -distribution** for non- treated does (\pm) **not overlap**
 - e.g. in the young and fit you may find no statin users \Rightarrow
 - > **restrict target population** to the common L -space (otherwise positivity violated)
 - outcome regression may hide this and extrapolate, also IPW unless 'close to zero'

Challenges:

- With 'high' dimension of ℓ : confidence in a **correct model**
 - \rightarrow a number of **propensity score** $\pi_a(L)$ based solutions: regress, stratify, match, inverse weighting, DR
 - all involve a regression model for observed action $\pi_a(L)$, regressing A on L .
- **L-distribution** for non-treated does (\pm) **not overlap**
 - e.g. in the young and fit you may find no statin users \Rightarrow
 - \rightarrow **restrict target population** to the common L-space (otherwise positivity violated)
 - outcome regression may hide this and extrapolate, also IPW unless 'close to zero'
- $E(Y|L, A = 1) - E(Y|L, A = 0) = E(Y(1)|L) - E(Y(0)|L)$
 - may differ over L : $\psi(\ell)$.
 - \rightarrow model this function of L , then average over L to obtain ATE: the **population average** treatment effect
 - \neq ATAT: average treatment effect **among the treated**

Outcome regression hiding extrapolation



What set of confounders L ?

$$Y(\alpha) \perp\!\!\!\perp A \mid L \quad \forall \alpha.$$

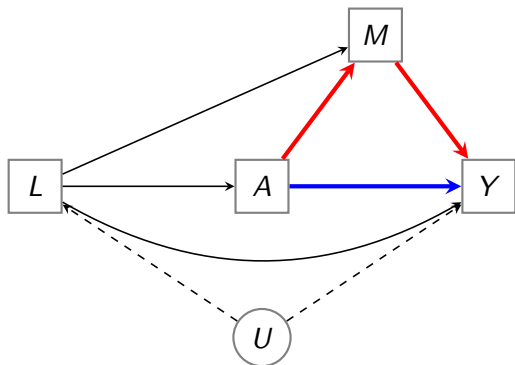
'No unmeasured confounding'

- Not unique, the set L satisfying 'no unmeasured confounding'
- Augmenting and reducing the set L can lead to violated assumption
- Adding a variable can turn a non-confounder into confounder
- Adding a variable can make an existing confounder redundant

Chosen covariates + functional form =
correct Outcome Regression and Propensity Score models.

Mediation: Assigned versus Manifested treatment

Experiment: trt assigned, A , may differ from manifested, M :
Instrumental variables, principal strata, mediation analysis



Direct effect and indirect effects with many definitions...

Direct and indirect effects

- *Controlled Direct Effect* of A on Y with M controlled at m

$$CDE(m) = E \{Y(1, m)\} - E \{Y(0, m)\}$$

Direct and indirect effects

- *Controlled Direct Effect* of A on Y with M controlled at m

$$CDE(m) = E \{ Y(1, m) \} - E \{ Y(0, m) \}$$

$m = 0$: Promised treatment withheld, or

$m = 1$: Trt also obtained without prescription/reimbursement

Direct and indirect effects

- *Controlled Direct Effect* of A on Y with M controlled at m

$$CDE(m) = E\{Y(1, m)\} - E\{Y(0, m)\}$$

$m = 0$: Promised treatment withheld, or

$m = 1$: Trt also obtained without prescription/reimbursement

- *Pure Natural Direct Effect* of A on Y

$$PNDE = E\{Y(1, M(0))\} - E\{Y(0, M(0))\}.$$

Direct and indirect effects

- *Controlled Direct Effect* of A on Y with M controlled at m

$$CDE(m) = E \{ Y(1, m) \} - E \{ Y(0, m) \}$$

$m = 0$: Promised treatment withheld, or

$m = 1$: Trt also obtained without prescription/reimbursement

- *Pure Natural Direct Effect* of A on Y

$$PNDE = E \{ Y(1, M(0)) \} - E \{ Y(0, M(0)) \}.$$

Estimating a placebo effect when $M(0) = 0$,
reimbursement/supporting effect when $M(0) = 1$.

Direct and indirect effects

- *Controlled Direct Effect* of A on Y with M controlled at m

$$CDE(m) = E \{ Y(1, m) \} - E \{ Y(0, m) \}$$

- *Pure Natural Direct Effect* of A on Y

$$PNDE = E \{ Y(1, M(0)) \} - E \{ Y(0, M(0)) \}.$$

- *Total Natural Indirect Effect*

$$TNIE = TCE - PNDE = E \{ Y(1, M(1)) \} - E \{ Y(1, M(0)) \}.$$

Average effect of 'Assigned treatment and 'get it versus not get it, among **compliers**', 'no manifest change among **others**'.

Principal Strata

Possible assignments $\alpha = 1/0$ translate into potentially observed: $(\alpha = 0, M(0), Y(0, M(0)))$ and $(\alpha = 1, M(1), Y(1, M(1)))$.

Principal strata conceive joint manifestations of trt. $(M(0), M(1))$

N	Never treated	$[M(0) = 0, M(1) = 0]$
C	Compliers	$[M(0) = 0, M(1) = 1]$
D	Defiers	$[M(0) = 1, M(1) = 0]$
A	Always treated	$[M(0) = 1, M(1) = 1]$

Estimating ITT per stratum:

PRO : Average effect of assignment explained by manifest trts

Challenged use : strata not identified/identifiable

Assignment in trial may differ from future prescription impact.

Suppose we did have/know it all

S	baseline risk	prev.	trt	$m = 0$	$E(Y(1, M(1)) - Y(0, M(0)) S)$	effect assd.
N	high	π_N	Never	α_N	ψ_N	$\equiv 0?$
C	medium	π_C	Compliers	α_C	ψ_C	
D	very high	π_D	Defiers	α_D	ψ_D	$\equiv -\psi_C?$
A	very low	π_A	Always	α_A	ψ_A	$\equiv 0?$

Last column assumes effect of manifest treatment only.

ITT, As Treated and Per Protocol IF A is randomized

- **Total Causal effect** of assigned treatment A equals ITT and can be estimated as: $E(E(Y|A = 1, L) - E(Y|A = 0, L))$ or $\sum_{s=1}^4 \pi_s E(Y(1, M(1)) - Y(0, M(0)) | S = s)$.

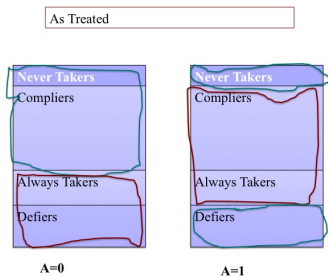
ITT, As Treated and Per Protocol IF A is randomized

- **Total Causal effect** of assigned treatment A equals ITT and can be estimated as: $E(E(Y|A=1, L) - E(Y|A=0, L))$ or $\sum_{s=1}^4 \pi_s E(Y(1, M(1)) - Y(0, M(0)) | S = s)$.

$$\text{As Treated Effect} = E(Y|M=1) - E(Y|M=0)$$

- $=$ ITT for {compliers}
- ITT for {defiers} +
 - never takers risk contributes twice to control group
 - always takers risk contributes twice to treatment group

the full population is involved .



$$E(Y|M=1) - E(Y|M=0) = \pi_C \psi_C - \pi_D \psi_D + 2\pi_A \alpha_A - 2\pi_N \alpha_N$$

- If < 0 this would reveal that those who are on the treatment as a group are lower risk than those who are off it as a group.
- In the absence of Never and Always Takers (or if this term otherwise cancels out- which is unlikely) – $>$ may reveal that you are better off taking it than not if you can (i.e. causal)

Per Protocol Effect = ITT for { compliers } +

- Never Takers risk contributes to control group
- Always Takers risk contributes to treatment group
- Defiers are not considered

In the randomized trial

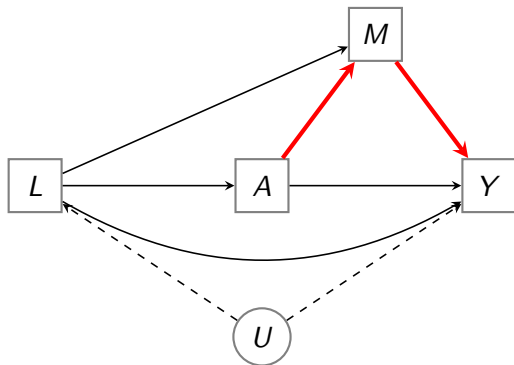
If experimental treatment not available outside the trial:
we have no Defiers and no Always Takers.

With only compliers and never takers:

- percentage of compliers easily found in the control arm.
- if drug only available on prescription: only these subjects will stay on the drug and the ITT for them is the most relevant
- hence % compliers + complier ITT effect is relevant measure for policy makers/prescribers and patients
- Follow-up work on the never takers is needed: what can they get that helps them?

Baseline confounding

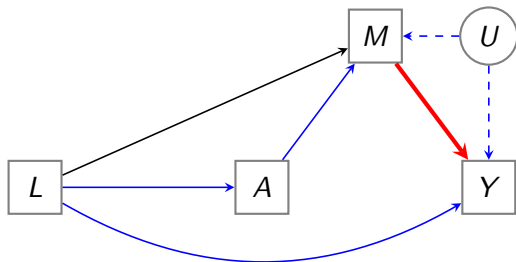
Indirect effect



Following assumptions are made:

- (A1) No unmeasured confounders of A-Y relationship
- (A2) No unmeasured confounders of M-Y relationship

A as an instrumental variable



Targeted: causal effect of M on Y

Assume:

- No direct effect of A on Y
- but (strong) effect of A on M desired

Unmeasured confounders U of M and Y allowed for.

Causal effect of ($m = 1$ versus $= 0$) **among the treated** $M = 1$.

Danaei et al., 2011, SMMR

Observational study with repeated measures of 'on statins' or not.
An 'ITT like' analysis targets **effect of statin initiation**
in population of non-statin-takers for the past 2 years.
outcome Y = time to occurrence of CHD/death or LOF/censoring.

At t_0 (Jan. 2000) $M = 1(0)$ for those who *initiate* statins (or not)
Conditional on L , statin initiation is assumed random

- Y of initiating group versus the non-initiating group, given L ignores statin use in the months to come \Rightarrow 'ITT' .
- 'Per protocol analysis' : considers continued statin use versus continued non-use, subjects censored when off protocol.
- 'As treated:' instantaneous risk depends on time-varying history of 'total duration of treatment so far'

Strong confounding by indication: high risk patients more likely to take statins \Rightarrow residual confounding?

Discussion

- All V phases: a looong term project, we will need help (comment/contribute)
- Literature is fast growing, working in 'strata'. We wish to provide basic entrance map with directions and anchor points.
- Phase I: 'What question are we answering by distinct principled approaches' and what do we want ?
 - Crucial starting point in our view
 - Not trivial
 - Often ill understood and overlooked by users of available technologies: at the abstract as well as specific level
- "An approximate answer to the right problem is worth a good deal more than an exact answer to an approximate problem" ?
John Tukey

- Causal inference in epidemiology is better viewed as an exercise in measurement of an effect rather than as a criterion-guided process for deciding whether an effect is present or not. (Rothman and Greenland, 2005)